



Naturopathy & Wellness Therapies

OM SHANTI BELIZE

By our Experienced Healers:

- Michelle Williams
- Dr. Subhash Kumar



Why Choose Us:

We embrace a holistic approach to treatment, nurturing the physical, mental, emotional, and spiritual dimensions of well-being.



For more information please
contact us @
+501 613 2564



Hotel Services Menu

**SERVICES AVAILABLE
AFTER 5:00PM**

OM SHANTI BELIZE



Dorn Therapy

Spine & Joint Alignment Technique



Acupressure

Pressure Point Therapy



*Traditional
Acupuncture*

Needle Therapy



Acuriculotherapy

Ear Acupuncture



Life Coaching

Self Design Analysis



*Marma/ Vital Points
Therapy*



Cupping Therapy



*Therapeutic Flexibility
Session*



*Guided Mindfulness
Practice*



*Cognitive Acoustice
Synchronization Technique*



*Rhythmic Mindfulness
Practice*



*Vital Energy Activation
Method*



*Conscious Relaxation
Session*



Sleep Therapy



*Integrative Deep
Relaxation Session*



*Breathing Techniques
for Optimal WellBeing*



*Laughing Therapy for
Mood Upliftment*



*Self Management of
Excessive tension (SMET)*



*Workplace Wellness
Sessions*



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