

Historic Fort George and **HARBOUR VIEW BOUTIQUE HOTEL & WELLNESS RETREAT**



Harbour View
Boutique Hotel & Wellness Retreat



This oasis is dedicated to the Lord for his glory.



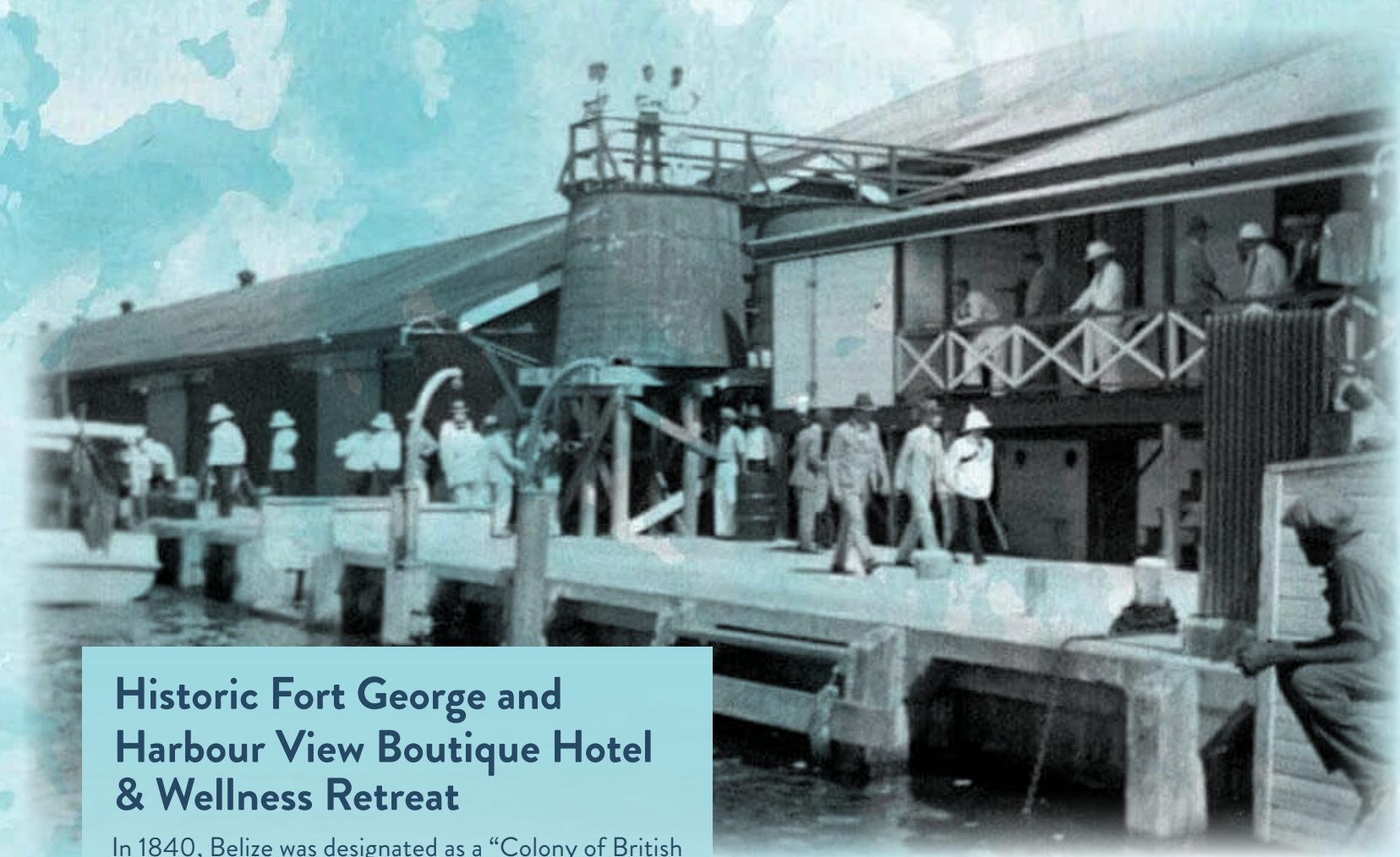
Harbour View

Boutique Hotel & Wellness Retreat

Peace and tranquility begins with a smile, from our beautiful and dedicated staff. Whether you're here for vacation or business, your stay with us will leave you feeling relaxed and inspired. Immerse yourself in nature, enjoy healthy meals, and experience the love we have to offer in this oasis within the city.

Namaste,

Martha, Michelle & Michael



Historic Fort George and Harbour View Boutique Hotel & Wellness Retreat

In 1840, Belize was designated as a “Colony of British Honduras,” and in 1862, it attained the status of a crown colony. Over the ensuing hundred years Belize operated as a representative government of England. However, in January 1964, full self-government with a ministerial system was conferred. Subsequently, in 1973, the country’s name was officially changed from British Honduras to Belize. Finally, on September 21, 1981, Belize successfully achieved full independence from Britain.

Belize City, once the capital of Belize, still holds the distinction of being the country’s primary port, and serves as the central hub for both social and economic activities. With an estimated population of approximately 80,000, it continues to play a pivotal role in the nation’s development.





One of the several areas in Belize City, located on the Northside, is the historic Fort George which got its name from the British King George III, who was ruler in 1803. In that year a small fort was erected on a small island built up by silt at the mouth of the Haulover Creek. The fort, intended as a defence of the Belize Settlement, was manned by British soldiers for many years, but gradually lost its importance as a military defence. During the 1850s the West India Regiment was brought into the country to quell the Indian wars in the north, the Newtown Barracks was used as a military site.

Retaining its name up to the present day, Fort George gradually became an island used by fishermen, and accessed by a small bridge from the mainland. By the 1920s the island was leased and had only two small houses, and some coconut trees. In an attempt to modernize Fort George at that period of history, the government entered into a contract with the Jefferson Construction Company of the U.S.A. to fill the creek. So, for the sum of \$285,000.00, by 1924 the island of Fort George was joined to Belize City; and a high seawall was built around the area. The government apportioned lands on 75-year leases, resulting in the present-day residential homes.





The Customs Department and the cargo warehouses were located on Fort Street. In front of the Customs Department was the Militia Hall which housed the Volunteer Guards Headquarters. In those days this area was one of the most active in Belize City, because all cargo arriving by sea was stored in five sheds behind the Customs Headquarters, which is today's Tourist Village. The Customs wharf was also utilized by passenger and cargo boats like - the Heron H, the Maya Prince, and the Honduran- which journeyed to destinations in the south of the country.

Martha, in collaboration with her late husband, Michael, acquired a residence in this prestigious area. They gradually expanded their land holdings within this historic zone.

The Williams real estate is located amongst important landmarks, including the Baron Bliss Lighthouse, which stands across from the residence; and is an everlasting tribute to Belize's greatest benefactor: Henry Edward Ernest Victor Bliss.





The BELIZE Sign Monument, erected in 2016, formed from big coloured letters is located just a short distance from the Baron Bliss Lighthouse and the Harbour View Boutique Hotel & Wellness Retreat. The iconic display of the country's name in these multi-coloured letters has made the monument one of the most visited attractions in Belize City.

In 1977, Martha and Michael established EuroCaribe Shipping Services, which eventually expanded into cruise tourism. The name 'EuroCaribe' is a fusion of 'Europe', representing Michael's origin, and 'Caribbean', representing Martha's heritage. This combination reflects their diverse backgrounds and shared journey. They were blessed with two children daughter Michelle and son Michael, who worked with his dad in the shipping agency.





Martha, having retired from the shipping industry, together with her children, began to focus on the hospitality industry and became actively engaged in the wellness part, (offering naturopathic healing, Yoga, Spa treatments, infrared sauna and an ice plunge pool) establishing the Harbour View Boutique Hotel & Wellness Retreat and Martha's Café.

The Boutique Hotel is nestled in nature amongst lush gardens with fruit trees, and a serene labyrinth for meditation. It is a tranquil haven where early-rising birds serenade guests with their joyful songs. Visitors consistently portray it as an oasis nestled within the city. The signature cottages beautifully replicate the traditional Belizean wooden houses, featuring verandas equipped with hammocks and sitting areas. Additionally, the property boasts two freshwater pools.





Situated across the street from the Boutique Hotel and Wellness retreat, on the historic site that once accommodated the old Customs building is Martha's Café.

Martha's Café offers Vegan, Vegetarian, Pescatarian and traditional cultural meals.

The Café also boasts a Waterfront Al Fresco Tapas Lounge which also serves dinner.

Dining takes place on the wraparound verandah which offers a commanding view of the Caribbean Sea and the Belize River. Guests are often treated to the delightful sight of schools of dolphins gracefully flipping in the waves and the majestic pelicans and other sea birds perched by the pier. Additionally, the everyday routine of the harbor, featuring the transit of fishing boats and water taxis to the islands of San Pedro and Caye Caulker, is located five minutes away from the hotel.





Michelle, the Managing Director/Owner of Om Shanti Belize Center & School of Yoga, pursued advanced studies and achieved prestigious certifications in the birthplace of Yoga – India. With expertise as a Himalayan Master Teacher, Meditation Guide, Reiki Master, Vedic Astrologer, Holistic Nutritionist and Transformation Coach, she stands as the most highly qualified in this field in Belize. She has introduced the Wellness component to the hotel inclusive of a spa and yoga classes.

These three entities – the hotel, the café, and the spa/yoga- have evolved into a vertically integrated, holistic, and conscious business. Together they provide a distinctive hospitality experience, unique within the country.

Ultimately this is a conscious family owned business dedicated to fostering well-being of body, mind, spirit and the protection of the environment.





Harbour View

Boutique Hotel & Wellness Retreat

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(Between Fort George Tourism Village
and Baron Bliss Lighthouse)

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